



New England
Reflexology & Massage

Spring 2024 Continuing Education
Advanced Professional Reflexology
At
Sangha New Bedford

Thank you for your interest in our continuing education program which is open to all licensed/certified individuals in the health and wellness professions such as massage therapists, nurses, cosmetologists, yoga instructors, reiki practitioners, physical therapists, estheticians, occupational therapists, CNAs, or other licensed practitioners. This course is designed to prepare you for national certification with RCB, NCBTMB, or ARCB. NCBTMB CE hours will be awarded.

The Reflexology CE program is divided into a series of workshops that provide instruction in history, scientific and holistic theory, as well as pathology, anatomy, and kinesiology specific to the foot and leg.

SOAP documentation is developed throughout along with the client interview and research into system pathologies. Ethics and business are explored and developed throughout every level. Hygiene, sanitation and Universal precautions are discussed and practiced. The hands-on process of thumb and finger walking as well as the hook and back-up technique is performed in each class.

Entrance Requirements: Professional license. Must provide certificate name & number.

Class Schedule:

The dates of in-person, hands-on classes are:

March 9, 10, 23, 24, April 13, 14, 27, 28, May 4, 5, 18, 19
from 10:30am to 5:30pm at SANGHA, New Bedford

There will be one in-home Zoom class each month as well.

Fee Schedule: \$2600.00 - \$200 non-refundable deposit.

Balance of \$2400.00 to be paid in four payments of \$600.00 on March 9, April 13, April 28, & May 18 at time of class.

Mail Check to:

Valerie Voner
PO Box 537
East Wareham, MA 02538



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The text: Practical Reflexology: Interpretation and Techniques by Watson and Voner –will be provided the first day of class, as well as a technique manual. A video and chart are also included with the program. All materials are proprietary.

Students will need to bring to class from day one:

- A reflexology chair or massage table
- Wipes for washing the feet
- 2 pillows and 2 sheets along with a light blanket
- Pen and paper
- Plenty of drinking water and a lunch
- Slippers to wear in the studio

Student agrees to complete weekly assignments, including four documentations/per week to be discussed in class.

Upon completion of all assignments, students are awarded a **Certificate of Completion**.

Please register below to ensure your spot and send deposit to:

Valerie Voner
PO Box 537
East Wareham, MA 02538

Thank you!

First Name _____ Last Name _____

Email Address _____ Phone _____

Street Address _____

City _____ State _____ Zip Code _____

Proof of License (Your license number): _____